

A GUIDE to your  
*Must Read* **BOOKS**  
for  
*Adoption and Foster Care*

- 1. **The Connected Child (Dr. Karyn Purvis)**
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- 2. **The Birth Order Book (Dr. Kevin Leman)**
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- 3. **Adopting the Hurt Child (Gregory Keck and Regina Kupecky)**
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- 4. **The Primal Wound (Nancy Newton Verrier)**
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- 5. **Confessions of a Adoptive Parent (Mike Berry)**
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- 6. **Born Broken: An Adoptive Journey (Kristin Berry)**
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- 7. **The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma (Bessel van der Kolk M.D)**
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- 8. **Attaching in Adoption: Practical Tools for Today's Parents (Deborah Gray)**
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- 9. **The Mystery Of Risk (Ira J. Chasnoff, M.D.)**
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- 10. **Hold On To Your Kids (Dr. Gordon Neufeld)**

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**11. Therapeutic Parenting in a Nutshell: Positives and Pitfalls (Sarah Naish)**

**12. The Open-Hearted Way to Open Adoption: Helping Your Child Grow Up Whole (Lori Holden)**

**13. Beyond Consequences, Logic, & Control (Heather T. Forbes)**

**14. Twenty Things Adopted Kids Wish Their Adoptive Parent's Knew (Sherrie Eldridge)**

**15. Lion (Saroo Brierley) \*\*Also a movie**

**16. The Whole Brained Child (Dan Siegel)**

**17. I'm Still Here: Black Dignity In A World Made For Whiteness (Austin Channing Brown)**

**18. Kirabo (Kveta Rose)**

**19. Three Little Words (Ashley Rhodes-Courter )**

**20. Telling the Truth to Your Adopted or Foster Child: Making Sense of the Past (Betsy Keefer)**